Scattered Radiation Protection for Femoral and Radial Access
Coronary catheterisation was being increasingly performed as it was finally possible not just to diagnose patients using this technique, but also to treat them as well.

Cardiac catheterisation labs are installed in more and more hospitals.

MAVIG develops its first protective shield with a body-shaped cut-out.

The uniquely formed shield reduces the exposure of the examiner/surgeon by a factor of 3 – 5.

German guidelines stipulates that X-ray facilities for coronary angiographies and cardiology interventions must have fixed radiation protection systems, consisting of a protective shield and lower body protection with a removable upper part.

These protective measures have now been adopted as standard practise in most of the world.
New Insights

The choice of access via the femoral artery or the radial artery currently still varies by country. However, there has been a noticeable trend of a significant increase in radial access.

The challenge of finding a functional radiation protection solution appropriate for both access points led to detailed study of the current situation. The outcome was that the current standard could be optimised considerably.

In order to further develop today’s standard practice, MAVIG defined the following Objectives:

I. Elimination of Underpassing Radiation
   Pages 06 - 11

II. Reduction of the Exposure Dose
    of the examiner, including for access via the radial artery
   Pages 12 - 13

III. Optimal Shielding
     including for examiners who are tall
    Pages 14 - 15

IV. Increased Freedom of Movement and Enlarged Protective Zone
    for examiners, co-examiners and assistants
   Pages 14 - 15

2014 - New Development from MAVIG

Objectives I – IV above were achieved with the aid of four measures, taking into account the requirements of the physical conditions in the room and work routine during coronary angiographies and cardiology interventions.

*The result* of MAVIG’s new development is a new, innovative *radiation protective shield* with an *overlapping panel curtain* and ergonomically fitted *radiation protective drapes*. 
Designed by MAVIG with Safety in Mind.
Escaping Radiation from Below
when using one of today’s standard radiation protective shields without a curtain

This Monte Carlo simulation allows a visualisation of the scattered radiation that passes through the patients body and is released behind the shield. Figure 1.a shows the situation for the examiner when using a radiation protective shield without curtain.

A) Examiner  B) Patient  C) Image field  D) Radiation protective shield without curtain

In addition to physical measurements, the situation was simulated with the same parameters using the Monte-Carlo method. The measurements were carried out using a C-arm “AXIOM Artis” (Siemens Healthcare) on an Alderson Rando Phantom with pulsed fluoroscopy at 6 pulses/s. The pulsed current was 249 mA, the tube voltage 76 kV. The beam geometry was posteroanterior.
Marked Reduction of the Escaped Radiation
from underneath the shield with MAVIG’s optimised radiation protection concept:
Radiation protective shield with an overlapping panel curtain

Figure 1.b clearly shows that the radiation exposure for the examiner and other medical personnel behind the shield is considerably reduced by using the newly developed radiation protective shield with overlapping panel curtain.

A) Examiner   B) Patient   C) Image field   D) Newly conceptualised radiation protective shield with overlapping flaps

In the Monte Carlo method the “physical fate” of X-ray photons (here $10^9 = 100$ billion) is followed individually until the initial energy has finally been completely absorbed by matter. The simulation graphic shows the results in a section plane 160 cm above the floor. The coloured pixels are coded according to dose (see colour scale).
A Plus in Radiation Protection

I. Elimination of Underpassing Radiation

The most serious problem in the application of radiation protection up till now has been the release of radiation from below.

This results from the scattered radiation originating in the patient volume radiographed, a considerable proportion of which travels through the patient’s body tissue. The examiner is thus exposed to the scattered radiation that has traveled underneath the shield and then exited the patient’s body. This escaped radiation from below cannot be avoided, even if the shield is positioned tightly against the patient.

There is a further increase of scattered radiation at the position of the examiner and assistant, if the shield has a rigid cut-out for the body, and therefore can not stay in direct contact with the patient’s body. This can often be seen in practice. The greater the distance between the protective shield and the surface of the body, the larger the increase in radiation exposure.

The flexible panel curtain lays perfectly flush to the patient’s body when the protective shield is positioned and stops a significant proportion of the scattered radiation coming from the patient’s body. At the same time the gap between the shield and the surface of the patient’s body is closed. (Fig. 2.b).

Measurements and simulations have shown that this can reduce the dose rate where the examiner stands by up to 85%. The effect where the assistant stands is similarly high. The performance of the protective shield alone is therefore considerably increased by the overlapping panel curtain.

Ideally, the whole length of the panels, but at the very least half the length, should lie on the surface of the patient’s body. The special cut arrangement of the overlapping panels prevents gaps from appearing when the individual panels are spread.
Simulation to Proof the Effectiveness of the Overlapping Panel Curtain

In order to test the efficiency of a shielding curtain, the scattered radiation distribution was simulated using the Monte Carlo method for the new radiation protective shield both with and without a curtain. See fig. 1.a and 1.b on pages 6 and 7.

The following illustrations 3.a and 3.b also describe the results.

The effectiveness of the curtain immediately becomes clear. Without the additional curtain, the dose rate in the area of the examiner’s upper body (left-hand figure) is many times higher than the dose rate with the curtain (right-hand figure), which because of the specially shaped body cut-out, are not just on the patient’s body but also to the side of it.

The protection for the examiner’s upper body has increased 85% compared with the shield without a curtain.

Conclusion: **The radiation exposure where the examiner and assistant stand (at a height of 160 cm) is reduced by a factor of 6 by using the new shield concept with an overlapping panel curtain compared to the shield alone.**

This represents a dose reduction of 85%.
With our system, only the sterile disposable cover ends up in the trash. Not the radiation protection product!

MAVIG radiation protective drapes can be used more than once and therefore offer substantial economic and environmental advantages compared with disposable radiation protection products.
Further Dose Reduction by a Third Due to the Radiation Protective Drapes

- Radiation protection covers, "drapes", that are positioned on the patient extend the protection of the curtain. With the use of drapes, considerably more of the scattered radiation coming from the radiographed mass of the patient’s body is blocked and the protection of the curtain is accordingly further increased.

- The protective zone becomes considerably larger. This provides better protection not just for the examiner, but also for the co-examiner and assistant in the room. When compared to using the shield with just the curtain, the radiation exposure is reduced by

**a further 30 – 40%.**

The best possible reduction in radiation exposure for the examiner and assistant is achieved by combining the shield with curtain with one of the radiation protective drapes.

The shape of each drape is designed specifically for its intended purpose: With a cut-out for **femoral puncture** and without a separate cut-out for **radial puncture**.

At the same time, the **special cut** of the drapes avoids them entering into the image area during angulation. The **optimally defined size** of the drapes ensures consistent protection for the examiner, maximum comfort for the patient, and quick and easy removal of the drapes in an emergency. This is also aided by the sterile disposable covers, which make it possible to place the drapes on top of the sterile patient cover.

The fact that the drapes are **two-coloured** (mandarin for the examiner’s side, titan for the patient’s side) prevents them from being positioned incorrectly and so prevents a possible disturbance in the image field.
II. Reduction of the Exposure Dose for Radial Artery Access

Access via the radial artery is being chosen with increasing frequency over the femoral artery.

Current radiation protective shields have to be moved more to the side for radial access, resulting in large gaps in the protective zone. The scattered radiation reaches the examiner and assistant unhindered through these gaps.

The new radiation protection solution ensures consistent performance in radiation protection for both femoral artery and the radial artery access.

The new radiation protective shield has two curved cut-outs (Fig. 5.a).

The large cut-out follows the contour of the patient’s body, and a second smaller cut-out allows for the patient’s arm to be placed underneath it.

To provide the best possible protection during procedures using the femoral artery, the overlapping panels ensure that the arm cut-out, which is not in use, remains completely closed.

For procedures using the radial artery, the panels spread out so that the puncture site is exposed but the curtain does not offer any gaps through which the scattered radiation might reach the examiner.
Rounded corners and edges and shatter proof materials minimise the risk of injury to personnel or patients.

- Extensive protective zone without gaps
- Optimal fit of the shield and curtain to the patient’s anatomy
- Minimised risk of injury for personnel and patients due to the rounded corners and edges of the protective shield and the high level of safety against breakage.
Fig. 6: Better Height Protection for the Examiner
(Red shield: radiation protective shields currently in use; Green shield: MAVIG’s new radiation protective shield)
III. Optimal Shielding

People are not all the same. A classic example is height.

With the radiation protective shields used at present, it is particularly possible that the head of a tall examiner can protrude above the shield, meaning that the top part of their skull is unprotected (fig. 6, red shield). But it is precisely this part of the body, in particular the eyes, that especially requires protection due to its high sensitivity to X-rays.

This is of great significance since the ICRP reduced the maximum dose for the lens of the eye to 20 mSv/a in its recommendation.

IV. Increased Freedom of Movement and Enlarged Protective Zone

During a complex intervention, people do not always stay behind the radiation protection necessary for that procedure. The examiner turns and changes his/her position or posture depending on the procedure.

In doing so, the user may not always be in the ideal position exactly behind the protective shield. Parts of the body, especially those parts that are not covered with personal protective equipment (e.g. shoulders, arms, hands), are then exposed to considerable radiation.

If several doctors and assistants are with the patient, they are often not protected by conventional protective shields because of their small radiation shadow.

The new radiation protective shield from MAVIG offers an extremely effective solution for each of these challenges:

- By making the area of protection higher (fig. 6, green shield), even examiners up to 195 cm (6’4”) tall are very well protected. The increased width and the resultant increase in the radiation shadow mean that changes in the examiner’s position do not increase the exposure dose.

- The radiation protective shield’s new dimensions provides the user with greater freedom of movement, without becoming unwieldy due to the extra size. The other medical personnel standing next to the examiner are also better protected.

- Because it is attached with a ball-and-socket joint, the shield can be rotated and tilted easily and can be adjusted to the optimal position on the patient and according to every applicable situation.
MAVIG – for Safety and Innovation
Summary

**Radiation Reduction**
The diagram shows the exposure dose of the examiner when using various radiation protective measures relative to the exposure dose of the examiner when no radiation protective measures are used.

**Radiation at the Examiner’s Location in %**

<table>
<thead>
<tr>
<th>Year</th>
<th>Radiation Reduction by 75%</th>
<th>Radiation Reduction by a Further 90%</th>
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<tbody>
<tr>
<td>Before 1995</td>
<td>100%</td>
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<tr>
<td>1995</td>
<td>Standard Shield Form (Fig. 7.a)</td>
<td></td>
</tr>
<tr>
<td>2014</td>
<td>New Shield with Overlapping Panel Curtain and Drape (Fig. 7.b)</td>
<td></td>
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</table>

**Fig. 7.a** Standard Shield Form Since 1995

**Fig. 7.b** New Radiation Protection Concept Consisting of Radiation Protective Shield with Panel Curtain and Drape
Advantages

- Minimisation of scattered radiation exposure to the examiner and assistant due to the panel curtain and drapes

- Reduced burden on the personnel when wearing lighter protective clothing because of the double protection from exposure to scattered radiation (panel curtain, drape)

- Protection of the head (ocular lens!) even for tall examiners

- Greater freedom of movement within safe, protective zones for the examiner as well as for other personnel

- Simple integration of the radiation protection concept into room planning and especially into existing rooms where Portegra2 ceiling-mounted systems are already in place

- Optimally designed for use in both femoral and radial access procedures

The New Above-Table Scattered Radiation Protection Concept

for radial and femoral access leads to a significant improvement in radiation protection by a factor of 10 for the user as well as for the assistance personnel compared with the current situation.
Perfect Integration due to Compatibility with the Portegra2 Systems

The total weight falls within the weight range limit of the Portegra2 equipment suspension system. The new protective equipment can therefore be easily integrated into room planning, or retrofitted into existing installations.

MAVIG’s patented suspension arm provides the flexibility and safety for which we are known across the industry.
Technical Specifications

Radiation Protective Shield for Femoral and Radial Access During Coronary Angiographies and Interventions

**OT54001**
Lead acrylic shield centrally mounted with connecting component and Portegra2 suspension arm (length of the extension arm 75 cm, length of the spring arm 91 cm), shield with shaped patient cut-out for use for radial or femoral access with flexible radiation protective curtain, includes 1 box of sterile disposable covers STEA-OT4.

**OT94001**
Same as OT54001 but with a 95 cm extension arm.

<table>
<thead>
<tr>
<th>Dimensions</th>
<th>Description</th>
<th>Value</th>
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<tbody>
<tr>
<td>Shield measurements</td>
<td>78 x 90 cm (W x H)</td>
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<tr>
<td>Length of extension arm</td>
<td>75 cm (OT54001)</td>
<td></td>
</tr>
<tr>
<td>Length of extension arm</td>
<td>95 cm (OT94001)</td>
<td></td>
</tr>
<tr>
<td>Length of spring arm</td>
<td>91 cm</td>
<td></td>
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<tr>
<td>Weight</td>
<td>Shield with panel curtain</td>
<td>15.00 kg</td>
</tr>
<tr>
<td>Lead equivalent</td>
<td>Shield</td>
<td>Pb 0.50 mm</td>
</tr>
<tr>
<td></td>
<td>Panel curtain</td>
<td>Pb 0.50 mm</td>
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<tr>
<td>Accessories</td>
<td>STEA-OT4</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Box of 50 sterile disposable covers</td>
<td></td>
</tr>
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</table>

The high quality of the radiation protective shield made from lead acrylic allows optimal transmission and therefore a clearer view. Rounded corners and edges of the lead acrylic shield and the high level of resistance against breaking minimise the risk of injury to staff and patients.

The panel curtain is made of a highly flexible, radiation protective material and covered with a suitable textile outer material. Attached with press studs, it can be removed easily and cleaned like normal radiation protective clothing.

Specially shaped, transparent disposable covers are available so that the shield and the panel curtain can be used under sterile conditions. Conventional disposable covers are not suitable as they will restrict the protective panels from moving freely.
Radiation Protective Cover

The covers are made from a highly flexible radiation protective material with a suitable textile outer cover and can be cleaned like a conventional radiation protective apron. The exposure of the examiner can also be reduced, although to a lesser extent, when used in combination with other shields.

**ST-FS5AMM**
Femoral Drape, with Cut-Out

<table>
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<th>Lead equivalent</th>
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<tr>
<td>Width</td>
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**ST-RZ5AMM**
Radial Drape, without Cut-Out

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<td>Width</td>
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<td>Accessories</td>
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</tr>
<tr>
<td></td>
<td>Box of 50 sterile, semi-transparent disposable covers for ST-RZ5AMM</td>
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</table>

![Fig. 10.a Sterile disposable cover STEA-FSAM](image1)
Cover for femoral drapes.
Suitable for ST-FS5AMM.

![Fig. 10.b Sterile disposable cover STEA-RZAM](image2)
Cover for radial drapes.
Suitable for ST-RZ5AMM.
Specially developed sterile disposable covers are available for all components presented in the new radiation protection concept for femoral and radial access. They have been designed for the particular requirements of those components.

By using these specific sterile covers, you ensure that the important characteristics and functions of the products will not be impaired.

**Best Performance in Radiation Protection & Hygiene**
<table>
<thead>
<tr>
<th>WORLDWIDE MAVIG OFFICES</th>
<th>REPRESENTATION</th>
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Subject to change.